



YORKTOWN COMMUNITY CRISIS RESOURCE INFORMATION

This list provides information on resources which are available to help guide children, parents and all of the Yorktown community in dealing with issues affecting our lives today.

Local Community Resources

Resource	Location, ph. #	website	Target Age	Issues addressed
Yorktown Police Dept	Yorktown Heights, NY 914-962-4141	www.yorktownpd.org		
National Suicide Prevention Lifeline	1-800-273-TALK	www.suicidepreventionlifeline.org	all	a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress
Four Winds Hospital	Katonah, NY 914-763-8151	www.fourwindshospital.com	5-17; and adults	crisis/inpatient/outpatient; treats all psychiatric disorders; intensive programs including dual diagnosis (psychiatric and substance abuse), eating disorders, psychological trauma/abuse, and behavioral and anxiety disorders
Phoenix Academy	Shrub Oak, NY 914-962-2491	www.phoenixhouse.org	teens	Provides substance abuse treatment services. Residential long term treatment (more than 30 days)
Stony Lodge	Ossining, NY 914 - 941-7400	www.stonylodgehospital.com	5 and older	inpatient; treats all psychiatric disorders; intensive programs in dual diagnosis (psychiatric and substance abuse)
Alliance for Safe Kids	Yorktown Heights, NY 914-736-1450	www.AllianceForSafeKids.org	All ages	Provides info on substance abuse, suicide, bullying, gambling, and other destructive behaviors.

Crisis Interventions – Mobile Unit comes to you in the event of an emergency.

Peekskill Mobile Crisis Center	Peekskill, NY 914-734-4700	
Westchester Medical Center Mobile Crisis Intervention Service	Valhalla, NY 914-493-7000	Dispatches teams of mental health professionals to meet and treat people wherever a crisis occurs in the community.
New Rochelle Mobile Crisis Team	New Rochelle, NY 914-637-1434	



Westchester County Resources

Resource	Location, ph. #	website	Target Age	Issues addressed
Northern Westchester Medical Center	Mt. Kisco, NY 914-666-1590	www.nwhc.net		Inpatient psychiatric facility; behavioral illnesses such as mood disorders, anxiety, depression and schizophrenia.
New York Presbyterian Hospital	White Plains, NY 914-682-9100	www.nyp.org	All	Offers crisis/outpatient/inpatient psychiatric services for children, adolescents, adults, and senior citizens. Specialties include eating disorders, alcohol and substance abuse, geriatric depression, and psychotic disorders.
Phelps Memorial Hospital	Sleepy Hollow, NY 914-366-3000	www.phelpshospital.org	16 and older	inpatient/outpatient; treatment for people with a psychiatric illness who are recovering from Drug and/or Alcohol Abuse/Dependence.
Westchester Medical Ctr	Valhalla, NY 914-493-7000	www.wcmc.com	5 and older	crisis/inpatient/outpatient; treats all psychiatric disorders
Rye Hospital Center	Rye, NY 914-967-4567	www.ryehospitalcenter.org	13 and older	inpatient
St. Vincent's Hospital & Medical Center	Harrison, NY 914-967-6500	www.svcmc.org	all	crisis/inpatient; 24/7 walk in evaluation service; treats all psychiatric disorders
Westchester Jewish Community Services	Peekskill, NY 914-737-7338	www.WJCS.com	5 - adult	Outpatient mental health services. Offers individual, couple, family, and group therapies. Provides medication prescription and monitoring, psychiatric evaluations, and play therapy.
Student Assistance Services, Corp.	Tarrytown, NY 914-332-1300 Alcohol and Drug Helpline: 914-591-HELP (4357)	www.sascorp.org	All	Provides substance abuse counselors to schools throughout Westchester County as well as parenting classes, impaired driving prevention courses, and other training. 24 hour help line for alcohol and drug issues.
Mental Health Association of Westchester	Elmsford, NY 914-345-5900	www.mhwestchester.org		crisis intervention; suicide prevention; individual, group, and family treatment; child abuse prevention services; abused spouse assistance services and court assistance program; intensive case management program for children; social and vocational rehabilitation and housing for adults with serious mental illnesses.
The Mental Health Association in Putnam County, Inc.	Clearinghouse of useful info in Putnam and Westchester	www.mhaputnam.org		



National Resources – Websites that provide updated info on how to combat abuse of all substances.

Resource	website	Phone #
The National Center on Addiction and Substance Abuse at Columbia University	www.casacolumbia.org	(212) 841-5220
Join Together	www.jointogether.com	(617) 437-1500
Leadership to Keep Children alcohol free	www.alcoholfreechildren.org	(301) 654-6740
The National Clearinghouse for Alcohol and Drug Info	www.health.org	(800) 729-6686
National Institute on Alcohol Abuse and Alcoholism	www.niaaa.nih.gov	(301) 443-3860
National Institute on Drug Abuse	www.nida.nih.gov	888-644-6432
Parents, the Anti Drug	www.theantidrug.com	
Partnership for a Drug Free America	www.drugfreeamerica.org	212-922-1560