



**COMMUNITY RESOURCE LIST - COUNSELING REFERRALS**

<b>Mental Health Services</b> (individual, group and family therapy services are provided)		
<b>Resource</b>	<b>Location</b>	<b>Contact Info</b>
Andrus Children's Center	White Plains	949-7680
Carmel Psychological Associates	1940 Commerce St	245-0437
Northern Westchester Counseling Center	344 Main St Mt. Kisco, NY	666-4646
The Therapy Center	Bedford Hills	(845) 278-6799
Four Winds Hospital	Katonah	763-8151
Northern Westchester Center for Eating Disorder Recovery	Mt. Kisco	244-1904

**Private Practice Therapists:** The following individuals are psychologist and social workers. Unless otherwise noted, they see children, adolescents and adults for a variety of mental health issues including ADD/ADHD, addictions, anger management, anxiety, depression, divorce, eating disorders, grief/loss, parenting counseling, phobias, and psychological evaluations.

<b>Resource</b>	<b>Location</b>	<b>Contact Info</b>	<b>Comment</b>
Gale Bayer, LCSW	345 Kear Street Yorktown Heights, NY 10598	962-2002	Ages:high school through adult
Bernice Bernhard, Ph.D.	2643 Darnley Place Yorktown Heights, NY 10598	(914) 245-2287	
Robin Bezark, LCSW	103 Lily Pond Lane Katonah, NY 10536	(914) 232-8326	No eating disorders
Suzanne Braniecki, Ph.D.	36 Smith Avenue Mt. Kisco, NY 10549	(914) 374-7606	
Julie Cox, LCSW	2043 Saw Mill River Road Yorktown Heights, NY 10598	(914) 962-2021	
Beth Falk, Ph.D.	Mt. Kisco	(914) 523-7626	
Gail Freundlich, LCSW	3730 Chesterfield Dr. Mohegan Lake, NY	(914) 528-7946	Ages: Middle school to adult
Robin Jilton, Ph.D.	153 Main Street, Ste G Mt. Kisco, NY 10549	(914) 242-2060	
Christopher Latterner, LCSW	223 Katonah Ave. Katonah, NY 10536	(845) 857-8158	
Cynthia Mansbach, LCSW	345 Kear Street Yorktown Heights, NY 10598	(914) 245-3058	Ages:Middle school to adult
Robert Muller, Ph.D	52 Weskora Avenue Pleasantville, NY 10570	(914) 747-2008	
Barry Weinstein, Ph.D.	1884 Railroad Avenue Yorktown Heights, NY 10598	(914) 962-1043	



<b>Private Practice Psychiatrists – for Children and Adolescents</b>		
<b>Resource</b>	<b>Location</b>	<b>Contact Info</b>
Antonio Blanco, M.D.	223 Katonah Avenue, Katonah, NY 10536	(914)232-1266
Robert Catenaccio, M.D.	2005 Palmer Avenue, Larchmont, NY 10538	(914)834-2214
Richard Flamberg, M.D.	11 Bisbee Lane, South Salem, NY 10590	(914)763-0440
Kevin Kalicow, M.D.	31 Smith Avenue, Mt. Kisco, NY 10549	(914) 666-3000
Daniel Mason, M.D.	10 W. Hyatt Avenue, Mt. Kisco, NY 10549	(914) 242-0877
Robert Seaver, M.D.	83 S. Bedford Road, Mt. Kisco, NY 10549	(914) 241-8979

**Social Skills Group** – provides therapy for children and adolescents to cope with everyday problems and develops friendships amongst peers

<b>Resource</b>	<b>Location</b>	<b>Contact Info</b>
Robert Milich, Ph.D.	Croton	271-5326
Debbie Lang, Ph.D.	Granite Springs	248-6733
Pilar Wellansky, Psy.D	Pleasantville	773-0680
Carolyn Grasso, Ph.D.	Bedford Hills	666-0977
Cynthia Potel, JD, LC SW	Croton	325-1027
Westchester School for Special Children	Yonkers	376-4300 ext 805
Special Program and Resource Connection (SPARC)	Yorktown Cultural & Comm. Ctr	243-0583
Family Ties of Westchester	Peekskill	739-4725

#### **Bereavement Support (Children and Families)**

- The Bereavement Center of Westchester – 961-2828 ext. 305
- The Caring Circle – 666-4228
- Gilda's Club – White Plains – 644-8844

#### **Separation/Divorce Support**

- Weill Cornell Medical College – Children of Divorce Program – White Plains – (888) 694-5700

#### **Psychiatric Crisis/Emergency**

- Mobile Crisis Intervention Unit – 493-7075
- Westchester County Medical Behavioral Health Center – Valhalla – 493-7282
- Four Winds Hospital – Katonah – 1-800-528-6624 or 763-8151
- St. Vincent's Hospital – Harrison – 967-6500
- New York Presbyterian Hospital – White Plains – 997-5700
- Parent Helpline – 682-CARE (2273)