

Michael

Katelyn

Justin

Laura

Save A Life.

A program of information,
intervention and support for
our youth and families in crisis.

Elizabeth

Lauren

Dan

Brendan

Sunday, February 27th
3-6PM

Yorktown Stage and
the Yorktown Community Center

Admission is free. No prior registration needed.

Save A Life.

Since 2005, there have been over twenty youth deaths in the Yorktown and Cortlandt Manor communities alone, deaths that have been attributed to drugs and alcohol abuse, depression, as well as physical abuse, bullying and violence. It's time to break the cycle of death, sorrow and regret.

By devoting just three hours of your time — a single afternoon out of *your life* — you can take the first step towards *saving one*.

Save a Life is a program designed to inform and empower members of our communities, with special guest speakers and panels for adults, with and without high school aged children; and workshops for our youth from the area high schools of Yorktown, Lakeland and Walter Panas.

Workshops

Adult Panels: At the Yorktown Stage

The Adult Panels seek to provide preventive information to equip families for situations before they arise, for neighbors and friends in providing support, and intervention strategies for change and hope in the home and in the community.

Speakers and Panels

Keynote Speaker:

Mr. Jan Cheripko
Author on Teen Alcoholism,
Instructor Family Foundation School.

Prevention Panel:

American Society for Suicide Prevention

Hope's Door:

Northern Westchester Women's Shelter

Bullying Prevention:

Lakeland School District Staff

Parent Allies:

Family Ties of Westchester

Talking to Your Children:

Cortlandt Manor Teen Center

Drugs and Alcohol Abuse

Student Assistance Services

Intervention Panel:

Initiating Interventions

Jan Cheripko, Family Foundation School

Families Anonymous

Parents currently in an Intervention process

Allies not Adversaries

Yorktown Police

American Society for Suicide Prevention

Hope's Door:

Northern Westchester Shelter for Women

Teen Workshops: * At the Yorktown Community Center

The Teen Workshops are for those youth in the community that are "that kid" amongst their friends. They're the kid that others talk to and share their problems with. Youth are the first one's to know what's going on. We want to equip them so that they can be First Responders, who have the information, skills and connections that can offer real help to others in crisis. It's training for teens, by teens at the Yorktown Community Center.

Speakers and Panels

Keynote:

Students from Family Foundation School:
Being an ally and doing compassionate confrontations.

Workshop Topics:

My friend is partying too hard:

*Student Assistance Services Staff
and youth presenters.*

My friend is talking about suicide:

*Barbara Bernstein, Westchester Mental Health
and Yorktown youth presenters*

My friend is in a high drama/ abusive relationship:

*Paul LaVallee and Hen Hud students,
Diane Prisco, Hopes Door*

My friend is being bullied:

*Lakeland/Walter Panas staff and
youth presenters*

**Students attending Save A Life will be eligible to receive 3 hours of community service credit and will receive a signed certificate.*

Our Thanks

Funding for **Save A Life** provided by:

The “*All Our Children*” program
of Episcopal Charities

The Trinity Church Wall St.
Community Service Grants.

The Angel Fund of Beaver Farm, Inc.

Supporters/presenters include:

Alliance for Safe Kids, American Society
Suicide Prevention, Calvary Bible Church,
Cortlandt Manor Teen Center, The Family
Foundation School, St. Andrew’s Lutheran
Church, St. Elizabeth Ann Seton Church,
Hendrick Hudson High School, Hopes
Door, Lakeland High School, St. Mary’s
Episcopal Church, Shrub Oak United
Methodist, Student Assistance Services,
Temple Beth Am, Walter Panas High School,
Westchester Mental Health Services,
Yorktown High School, Yorktown Jewish
Community Center, Yorktown Methodist
Church, Yorktown Police Department,
Yorktown Presbyterian Church, Yorktown
Teen Center, SJV|NY Design, and You.

About our speaker:

Mr. Jan Cheripko

Mr. Cheripko is a full-time educator at The
Family Foundation School in Hancock, New
York, where he works with at-risk teens, teach-
ing English and philosophy. Additionally, he
has been a featured speaker at the National
Council of Teachers of English, the International
Reading Association, and numerous state and
regional education conferences.

He has addressed students, teachers and
parents about writing, at-risk teens, addiction,
and heroes throughout the nation and abroad.

His books, *Imitate the Tiger*, about a High
School football player battling a drinking prob-
lem and *Sun, Moon, Stars, Rain*, a coming of
age story dealing with messy lives, grief and
new life; are frankly honest about the hidden
costs of contemporary life.

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For more information, contact
any house of worship in Yorktown
or the Alliance for Safe Kids, at
www.allianceforsafekids.org